

## GUIDELINES PROCEDURES IN THE EVENT OF MISPLACEMENT

- IF YOU GET LOST, KEEP CALM.
- CONTACT SOMEONE YOU KNOW OR THE EMERGENCY PHONE NUMBER (112), IF YOU CAN.
- IF YOU ARE ON A ROAD OR TRACK, ALWAYS WALK IN THE SAME DIRECTION WITHOUT LEAVING IT.
- IF YOU ARE IN THE MIDDLE OF THE FIELD, WALK UNTIL YOU REACH A ROAD, TRACK OR A FAMILIAR PLACE.
- SHOUT FROM TIME TO TIME TO FACILITATE YOUR SEARCH.
- IF THE PERSON WHO HAS GONE LOST IS ONE OF YOUR GROUP:
  - Report it to the interpretation center telephone number (978 73 40 31 / 650 20 48 19) or to the emergency telephone number (112).
  - Explain where you were last seen and what activities the group had planned to do.

## GUIDELINES PROCEDURES IN THE EVENT OF OVERFLOWING OF CHANNELS

- DO NOT CROSS RIVERS OR FLOODED AREAS WITH YOUR VEHICLE OR ON FOOT.
- SEEK HIGHER GROUND AND NOTIFY EMERGENCIES (112) IF YOU FIND YOURSELF ISOLATED.

## GUIDELINES PROCEDURES WHILE BIRD WATCHING

- LEAVING THE INTERPRETATION CENTER AT NIGHT, WATCH YOUR STEP.
- JOINING THE ROAD FROM PATHS OR PARKING LOTS, DO NOT BE DISTRACTED BY LOOKING AT THE BIRDS.
- DO NOT PARK ALONG THE ROAD; USE THE PARKING LOTS OR PATH ENTRANCES.
- WHILE WATCHING BIRDS NEAR THE ROAD OR PATHS, BE VERY CAREFUL WITH VEHICLES.
- DECELERATE WHEN TRAVELING CLOSE TO THE INTERPRETATION CENTER AND PARKING LOTS.

## OTHER SITUATIONS

- BAD WEATHER CONDITIONS:
  - In **strong winds and intense cold**, if you are not wearing appropriate clothing, seek shelter behind walls or barnyards, or go to your vehicle.
  - During a **thunderstorm**, do not carry metal objects and stay away from metal structures and trees.
  - With **fog or blizzard**, avoid wandering aimlessly and wait for the situation to change.
- SUSPICIOUS PACKAGE:
  - Keep calm, don't touch it and make sure no one gets close.
  - Report to emergency services (112) and follow their instructions.



Reserva Natural Dirigida  
**Laguna de Gallocanta**



## INSTRUCTIONS FOR VISITORS IN THE EVENT OF EMERGENCIES



**Tf: 978 73 40 31 / 650 20 48 19**

**GUIDELINES PROCEDURES IN THE EVENT OF ACCIDENTS**

- KEEP CALM, CALL THE EMERGENCY PHONE (112) AND IDENTIFY YOURSELF.
- DESCRIBE THE TYPE OF ACCIDENT AND ITS LOCATION.
- REPORT ON THE NUMBER OF INJURED AND IF YOU ARE WITH THEM.
- DESCRIBE THE SITUATION OF THE INJURED, AS BEST AS YOU CAN.
- DO NOT MOVE THE INJURED UNLESS IT IS TO PREVENT GREATER EVIL.
- DON'T GIVE THE INJURED A DRINK.
- KEEP THE INJURED WARM.
- TALK TO THE INJURED TO CALM THEM DOWN AND KEEP THEM CONSCIOUS.
- IF A POISONOUS STING HAS OCCURRED:
  - Remove rings or other objects that may be affected by swelling, and keep the affected limb elevated.
  - If possible, wash and apply a compress with cool water.
  - If possible, catch or identify the perpetrator.

**GUIDELINES PROCEDURES IN THE EVENT OF A FIRE IN THE COUNTRYSIDE**

- KEEP CALM IF YOU DETECT A FIRE.
- BEFORE TRYING TO EXTINGUISH IT, REPORT IT TO THE EMERGENCY PHONE (112).
- IF IT IS A SMALL FIRE AND YOU THINK YOU CAN CONTROL IT, PROCEED TO EXTINGUISH IT WITH THE MEANS YOU HAVE.
- DON'T TAKE UNNECESSARY RISKS.
- USE EVACUATION ROUTES AND MEETING POINTS.
- TRY TO STAY AWAY FROM THE AREAS THAT ARE LESS THAN VEGETATION.
- GET AWAY AGAINST WIND DIRECTION.
- DO NOT GO INTO RAVINES OR HOLLOWES.
- AVOID SPECIAL RISK SITUATIONS, AS MUCH AS POSSIBLE:
  - Secondary fire sources and the start of new fires.
  - Head towards the fire to flee.
  - Lose the location of the fire and not have any means of communication.

**MEETING POINTS**

**PUNTO DE ENCUENTRO: CENTRO DE INTERPRETACIÓN (BELLO)**

**Coordenadas UTM Datum ETRS89 Huso 30T**  
(629190 / 4531997)  
**Posibilidad de aterrizar un helicóptero: sí.**  
**Vías de escape, opciones:**  
Carretera autonómica comarcal A-1507.

**PUNTO DE ENCUENTRO: OFICINA DE INFORMACIÓN TURÍSTICA (GALLOCANTA)**

**Coordenadas UTM Datum ETRS89 Huso 30T**  
(625665 / 4539092)  
**Posibilidad de aterrizar un helicóptero: sí.**  
**Vías de escape, opciones:**  
Carretera provincial CV-633.

**PUNTO DE ENCUENTRO: ERMITA DE NUESTRA SEÑORA DEL BUEN ACUERDO (GALLOCANTA)**

**Coordenadas UTM Datum ETRS89 Huso 30T**  
(623649 / 4538544)  
**Posibilidad de aterrizar un helicóptero: sí.**  
**Vías de escape, opciones:**  
Sendero turístico PR-Z 33, carretera provincial CV-633, carretera autonómica local A-2506.