

GUIDELINES PROCEDURES IN THE EVENT OF MISPLACEMENT

- IF YOU GET LOST, KEEP CALM.
- CONTACT SOMEONE YOU KNOW OR THE EMERGENCY PHONE NUMBER (112), IF YOU CAN.
- IF YOU ARE ON A ROAD OR TRACK, WALK WITH THE SLOPE WITHOUT LEAVING IT.
- IF YOU ARE OFF THE ROAD OR TRACK, WALK DOWN THE SLOPE UNTIL YOU REACH ONE, OR A FAMILIAR PLACE.
- SHOUT FROM TIME TO TIME TO FACILITATE YOUR SEARCH.
- IF THE PERSON WHO HAS GONE LOST IS ONE OF YOUR GROUP:
 - Check that the person is really missing.
 - Report it to the interpretation center telephone number (978 68 10 72 / 646 63 39 44) or to the emergency telephone number (112).
 - Explain where you were last seen and what activities the group had planned to do.
 - Provide all the information requested by the search services.

GUIDELINES PROCEDURES IN OTHER SITUATIONS

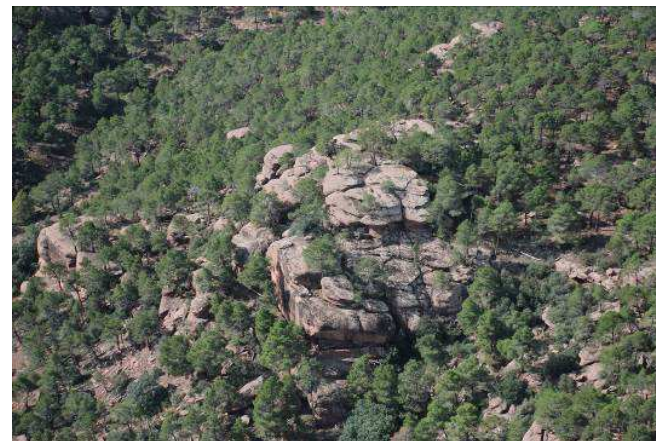
- BAD WEATHER CONDITIONS:
 - Head to a meeting point or to your vehicle.
 - Look for low grounds, avoiding hills, mountain tops, tall trees and large, isolated stones, but not ravines or hollows.
 - During a thunderstorm, do not carry metal objects and stay away from metal structures and trees.
 - If visibility is poor, avoid wandering aimlessly and wait for the situation to change.
- FLOODS:
 - Do not cross rivers or flooded areas with your vehicle or on foot.
 - Seek higher ground and notify emergencies (112) if you find yourself isolated.
- ROCK FALLS AND LANDSLIDES:
 - Move away from the area and report to emergency services (112).
- SUSPICIOUS PACKAGE:
 - Keep calm, don't touch it and make sure no one gets close.
 - Report to emergency services (112) and follow their instructions.



Paisaje Protegido
Pinares de Rodeno



INSTRUCTIONS FOR VISITORS IN THE EVENT OF EMERGENCIES



Tf: 978 68 10 72 / 646 63 39 44

GUIDELINES PROCEDURES IN THE EVENT OF A FOREST FIRE

- KEEP CALM IF YOU DETECT A FIRE.
- BEFORE TRYING TO EXTINGUISH IT, REPORT IT TO THE EMERGENCY PHONE (112).
- IF IT IS A SMALL FIRE AND YOU THINK YOU CAN CONTROL IT, PROCEED TO EXTINGUISH IT WITH THE MEANS YOU HAVE.
- DON'T TAKE UNNECESSARY RISKS.
- USE EVACUATION ROUTES AND MEETING POINTS.
- TRY TO STAY AWAY FROM THE SIDE AREAS THAT ARE LESS THAN VEGETATION.
- GET AWAY AGAINST WIND DIRECTION.
- DO NOT GO INTO RAVINES OR HOLLOWES, OR ATTEMPT TO ESCAPE UP THE SLOPE IF THE FIRE IS EXPANDING UP IT.
- AVOID SPECIAL RISK SITUATIONS, AS MUCH AS POSSIBLE:
 - Secondary fire sources and the start of new fires.
 - Head towards the fire to flee.
 - Head towards areas with rough terrain.
 - Lose the location of the fire and not have any means of communication.

GUIDELINES PROCEDURES IN THE EVENT OF ACCIDENTS

- KEEP CALM, CALL THE EMERGENCY PHONE (112) AND IDENTIFY YOURSELF.
- DESCRIBE THE TYPE OF ACCIDENT AND ITS LOCATION.
- REPORT ON THE NUMBER OF INJURED AND IF YOU ARE WITH THEM.
- DESCRIBE THE SITUATION OF THE INJURED, AS BEST AS YOU CAN.
- DO NOT MOVE THE INJURED UNLESS IT IS TO PREVENT GREATER EVIL.
- DON'T GIVE THE INJURED A DRINK.
- KEEP THE INJURED WARM.
- TALK TO THE INJURED TO CALM THEM DOWN AND KEEP THEM CONSCIOUS.
- IF A POISONOUS STING HAS OCCURRED:
 - Remove rings or other objects that may be affected by swelling, and keep the affected limb elevated.
 - If possible, wash and apply a compress with cool water.
 - If possible, catch or identify the perpetrator.

MEETING POINTS

PUNTO DE ENCUENTRO Nº 1 (inicio sendero PR-TE 117):

Coordenadas UTM Datum ETRS89 Huso 30T:

(632984 / 4474331)

Posibilidad de aterrizar el helicóptero de emergencias: sí.

Vías de escape, opciones:

Pista forestal asfaltada VE-TE-05 dirección Albarracín / C.I. Dornaque.

PUNTO DE ENCUENTRO Nº 2 (El Cabrerizo):

Coordenadas UTM Datum ETRS89 Huso 30T:

(634724 / 4472308)

Posibilidad de aterrizar el helicóptero de emergencias: no.

Vías de escape, opciones:

Pista forestal asfaltada VE-TE-05 dirección Albarracín / C.I. Dornaque.

PUNTO DE ENCUENTRO Nº 3 (Cuatro Caminos):

Coordenadas UTM Datum ETRS89 Huso 30T:

(638286 / 4468606)

Posibilidad de aterrizar el helicóptero de emergencias: sí.

Vías de escape, opciones:

Pista forestal asfaltada VE-TE-05, dirección Albarracín / C.I. Dornaque.

Pista forestal asfaltada VF-TE-19, dirección Gea de Albarracín.

PUNTO DE ENCUENTRO Nº 4 (Dornaque):

Coordenadas UTM Datum ETRS89 Huso 30T:

(639011 / 4466271)

Posibilidad de aterrizar el helicóptero de emergencias: sí.

Vías de escape, opciones:

Pista forestal asfaltada VE-TE-05 dirección Albarracín. Carretera A-1513 dirección Bezas / Valdecuena. Pista forestal asfaltada VF-TE-19 dirección Gea de Albarracín.

PUNTO DE ENCUENTRO Nº 5 (Collado de las Tabernillas):

Coordenadas UTM Datum ETRS89 Huso 30T:

(641566 / 4459150)

Posibilidad de aterrizar el helicóptero de emergencias: sí.

Vías de escape, opciones:

Pista forestal dirección C.I. de Dornaque. Carretera VF-TE 13 dirección Tormón y Teruel.

PUNTO DE ENCUENTRO Nº 6 (Masía de Ligros):

Coordenadas UTM Datum ETRS89 Huso 30T:

(639589 / 4458707)

Posibilidad de aterrizar el helicóptero de emergencias: sí.

Vías de escape, opciones:

Pista forestal dirección collado de las Tabernillas y Jabaloyas

PUNTO DE ENCUENTRO Nº 7 (Fuente el Pajarejo):

Coordenadas UTM Datum ETRS89 Huso 30T:

(639707 / 4455673)

Posibilidad de aterrizar el helicóptero de emergencias: no.

Vías de escape, opciones:

Pista forestal dirección Jabaloyas, collado de Tabernillas y carretera VF-TE 13.