

HOW TO REDUCE, REUSE AND RECYCLE YOUR PACKAGING



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ENVIRONMENTAL DAMAGE CAUSED BY PACKAGING

Like most economic activities, such as oil and clothing production, the packaging industry contributes to the depletion of natural resources such as minerals, wood and water, as well as air, landfill and seabed pollution.

Plastic containers and packaging pollute more than cardboard ones. Plastic damages the ozone layer 87% more than cardboard. Corrugated cardboard containers have a lower environmental impact and are up to 40% cheaper than folding plastic containers.



PACKAGING REDUCTION

How can we reduce plastic packaging?

1. Take shopping for cloth bags.
2. The contact lens capsules are reusable.
3. Use metal straws and do not use plastic straws.
4. Change plastic bottles for metal bottles.
5. Recycle, taking it to the recycling containers or clean point.
6. That the postal packages are filled with paper and not plastic.



RECYCLABLE PACKAGING

They are containers made with materials that have already been used and have been transformed to be used again.

Some recyclable packaging are:

- Plastic bottles.
- Bottle of detergent, shampoo, gel,...
- The potato bags.
- Plastic lids and plugs.
- Plastic bags.
- Yogurt tubs and lids.



Objects that combine plastics with other materials cannot be recycled.

PACKAGING THAT CAN BE REUSED

PACKAGING THAT YOU CAN REUSE

Envelopes, bubble wrap, Styrofoam peanuts, air packets, and cardboard boxes are easily reused at home.

HOW CAN YOU REUSE THE PACKAGING?

- Create a house for your pet.
- Use it to store toys.
- Paint them and use them as decoration items.
- Make flower pots with them.
- Use them to replace plastic bags.



EUROPEAN UNION LAWS ABOUT THIS TOPIC

The first European standard on packaging and its waste came into force in December 1994, with a double objective:

- Harmonize national measures on the management of packaging and packaging waste.
- Improve the quality of the environment by preventing and reducing the impact of packaging and packaging waste on the environment.



EUROPEAN UNION LAWS ABOUT THIS TROPIC

Therefore, from 3 July 2021, the following single-use products are prohibited:

- plastic cutlery
- plastic tableware
- plastic straws
- polystyrene containers for hot food and drinks
- plastic sticks for the ears

In countries where packaging must already be returned, distributors are obliged to collect bottles.



6-WHAT ARE SOME COMPANIES DOING ABOUT THIS PROBLEM:

SUPERMARKARKETS:

1. Bulk sales section of basic food products
2. Bulk sales section for cleaning products
3. Reduce plastic in the fruit and vegetable section
4. Second use of bags and containers
5. Do not sell over packaged products



WHAT ARE SOME COMPANIES DOING ABOUT THIS PROBLEM:

DELIVERY COMPANIES:

Most buyers used different types of packaging to ship products, trying to optimize durability, lightness and size, including paper options, such as cardboard boxes, and plastic options, such as bags. We have chosen to use plastics for some shipments because they are waterproof and allow us to use less material.



WHAT ARE SOME COMPANIES DOING ABOUT THIS PROBLEM:

MANUFACTURING COMPANIES:

The first step to optimize waste management is to carry out an evaluation of the production processes and the types of waste generated. This allows you to identify areas where improvements can be implemented, such as reducing waste at source, reusing materials and recycling.



SOME WAYS TO RECYCLE, REUSE AND REDUCE ARE:

Reuse all the material that can give a second life such as glass bottles, bags, clothing and more. Buy in bulk. Separate your waste. Recycle the materials that you cannot reuse, take them to a collection center where...

How can you reduce reuse and recycle plastic?

Avoid buying plastic bottles.

Stop consuming straws.

Use cloth bags.

Reduce food in plastic containers.

Use kitchen utensils and cutlery made of wood, bamboo or stainless steel.



HOW TO REDUCE PACKAGING COSTS?

Tips to save costs on packaging:

1. Buy packaging in large quantities.
2. Ensures the quality of packaging and packaging.
3. Improves the weight and size of the packaging.
4. Take care of the first impression.
5. Reduces supply costs.

