

INTERREGIONAL MEETING

March, 23, Ostrava

WELCOME TO OSTRAVA!!!

Start 9:00 AM: Moravskoslezské inovační centrum Ostrava, a.s.; Technologická 372/2; Ostrava-Pustkovec

1. get to know each other,

2. Actions from Action plan

a. EnviRoadshow

Municipalities and cities are sharing good practices. What they are doing for the citizens, and what environmental project they have.

b. RONDL

Database of the free material for companies (to start industrial symbiosis), for schools, citizens.

3. CCM (Centrum of circular fashion)

The centre is a kind of lab for sustainable fashion practices. It is a place where a lot of things happen:

- pupils can learn about fashion, the current system of this industry, its environmental and societal impacts, marketing, greenwashing but also solutions for circular future
- creators of all sizes can come and ask for help when choosing new innovative materials or trying to upcycle old deadstock
- individuals can (learn to) sew in our workshop, swap, visit pop-ups of local designers, happenings, and other awareness-raising events

4. NILMORE

Produces completely circular clothing. They have developed a new cPLA clothing material. It is commonly obtained from renewable sources such as corn or sugar cane. However, thanks to recycling, these raw materials are consumed only at the beginning, and then the material is only kept in circulation.

5. Lunch break

6. MOMENT

Moment Česká republika o.p.s (Moment) is a Czech second-hand shop and non-profit organization that creates funds for other non-profit organizations. Moment collects second-hand garments donated by citizens and reuses, recycle, repurposes, and resells them further. Moment donates all profits from second-hand to non-profit organizations

7. REUSE centrum

REUSE Centre sells second-hand items donated by citizens, such as used furniture and other functional household items (tools, toys, books, etc.)

8. FAJNA DILNA

The workshop space offers a technical practice that promotes passion-based learning—the core of FAJNA DILNA practice bases around the concept of DIY workshops (Do It Yourself). The primary goal of FAJNA DILNA is to offer the public of Ostrava the opportunity to explore diverse crafts and learn new skills under the expert guidance of workshop masters and interdisciplinary lecturers.

9. DOV

Get to know the unique industrial area which turned from coal mining, and coke and pig iron production to non-traditional form of education, entertainment, and culture. Best view from the Bolt Tower.



10. Dinner at 7:30 PM at the City Centre

The breaks: you will have when we will be travelling from one good practice to other. Because it will be by bus. Doubledecker



HOW to get to the Ostrava:

Airport Prague (CZ) -> by train to Ostrava (it took about 4 hours)

Airport Vienna (AU) -> by train to Ostrava (it took about 3 hours)

Airport Katowice (PL) -> by train to Ostrava (it took about 2 hours), shuttle bus from Airport to train station (+45 minut)

Hotels:

City centre of Ostrava

- Imperial Hotel Ostrava <https://www.imperialhotelostrava.com/en/>
- Mercure Ostrava Center Hotel <https://all.accor.com/hotel/7051/index.en.shtml>
- Ruby Blue <https://hotelrubyblue.cz/en/> (be careful this is on the Stodolní street which is the street full of bars, music clubs, can be noisy at the evening; Wednesday is small Friday :D if you know what I mean....)

OR you can stay at the part of the Ostrava call Poruba

- Hotel Garni VŠB [link](#). It is like 5 minutes by walk to our Innvotaion Centre

MAP of the trip:

Green- good practices

Black- hotels

Orange- train stations

Blue – Poruba and City centre

<https://www.google.com/maps/d/u/0/edit?mid=1hxEqfEN6HHmRLqRFUmDs3zvJvAjMCVsV&usp=sharing>