RULES AND REGULATIONS ON POTHOLING

In the Peripheral Protection Zone as well as in the Natural Park, the practice of potholing requires authorization from the Aragonese Institute of Environmental Management (INAGA).

The Natural Park of the Sierra and Canyons of Guara has 3 Interpretation Centres where you can find out more information about the natural and cultural values that it accommodates, and the activities that can be done there (climbing, potholing, canyoning, hiking, etc.).

- **Bierge Interpretation Centre**: located in the town of Bierge: in the access road to Rodellar. Telephone: 974 31 82 38
- **Arguis Interpretation Centre**: located in the entrance to the urban centre of Arguis by the turn-off of the Huesca to Sabiñánigo national road (N-330). Telephone 974 27 20 03
- **Santa Cilia Information Office**: located in the urban centre of Santa Cilia, in front of the Church and the Vulture House.

USEFUL ADDRESSES:

- **Natural Park of the Sierra and Canyons of Guara**
  C/ Ricardo del Arco 6 - Huesca - Tfn: 974 29 33 96 - Fax: 974 29 31 47
- **Management of Socioeconomic Development**
  Interpretation Centre - Bierge - Tfn: 974 34 34 30
- **Department of Environment**
  Directorate General of the Natural Environment
  Paseo Maria de Agustín 36 - Zaragoza - Switchboard: 976 71 40 00
- **Aragonese Institute of Environmental Management**
  Avda. de la Paz 5, bajos - Huesca - Tfn: 974 29 33 93 - Fax: 974 29 33 94
  Interpretation Centres Information
  Sodemasa - Tfn: 976 07 00 02

Climbing and potholing regulations

Decree 164/1997, of the Government of Aragón
RULES AND REGULATIONS ON CLIMBING

According to the Natural Resources Management Plan, climbing is regulated in the following way:

- **Limited Use Area 3 (UL3):**
  - Cienfuens, Pico del Mediodía, Formiga, Alcanadre-Mascún inferior, Mascún superior, Oscuros de Balcés, Barranco de Fornocal and Barranco de La Choca: prohibited between 1 December and 30 June.
  - From Vadiello-San Cosme:
    - La Predicera Area: between 1 January and 30 June express authorization is required.

- **In the area called “Paredes Rojas”, to the west of the Vadiello road, beyond the third tunnel of the same:** prohibited between 1 December and 30 June.

### AREAS WITH RESTRICTIONS ON CLIMBING

1. ZR “Umbría Tozal de Guara”
2. ZUL3 “Cienfuens”
3. ZUL3 “Pico del Mediodía”
4. ZUL3 “Vadiello-San Cosme”
5. ZUL3 “Formiga”
6. ZUL3 “Alcanadre-Mascún inferior”
7. ZUL3 “Mascún Superior”
8. ZUL3 “Oscuros de Balcés”
9. ZUL3 “Barranco de la Choca”
10. ZUL3 “Barranco de Fornocal”
11. “Paredes Rojas” en UC1

### PROHIBITIONS ON CLIMBING

- **La Mitra Area and in the Borón Massif:** between 1 March and 30 June express authorization is required.
- **Mallos de San Jorge Area, in the Pared de San Cosme, in Los Pepes and in the so-called “Training” Wall** (at heights higher than those at the end of the iron pegs of the Palomo Canal): prohibited between 1 December and 30 June.

### NATURAL PARK AREA

<table>
<thead>
<tr>
<th>AREA</th>
<th>PROHIBITED</th>
<th>ALLOWED WITH AUTHORIZATION</th>
<th>ALLOWED WITHOUT AUTHORIZATION</th>
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<tbody>
<tr>
<td>UL3: Cienfuens, Pico del Mediodía, Formiga, Alcanadre-Mascún inferior, Mascún superior, Oscuros de Balcés, Barranco de Fornocal y Barranco de La Choca</td>
<td>✓</td>
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<td>Area of La Predicera</td>
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<td>La Mitra and in the Borón massif</td>
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<tr>
<td>Mallos de San Jorge, in the Pared de San Cosme, in Los Pepes and in the so-called “Training” wall (at heights higher than those at the end of the iron pegs of the Palomo Canal)</td>
<td></td>
<td>✓</td>
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<tr>
<td><em>Paredes Rojas</em> (Red Walls)</td>
<td></td>
<td>✓</td>
<td></td>
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<tr>
<td>Reserve Area <em>Umbría del Tozal de Guara</em></td>
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<tr>
<td>Rest of the Natural Park</td>
<td></td>
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</table>