

## Some ADVICE in order to enjoy the ravine in safety:

- Before beginning the activity, take the technical and physical possibilities of the group into consideration. This is a high risk sport, and so it is advisable to contract a guide or register on a course with the Mountain and Sports Clubs Federation.
- Consult recent professional information. The ravines change each year and vary according to the time of year.
- Plan your activity according to the weather forecast for that day (do not attempt the descent in unpredictable weather or raised water levels).
- Go with another person and always tell someone about your plans for the descent.
- Check your personal equipment (harness, shoes etc.) and that of the group before the descent.
- Use a helmet in all of the ravines and wear a full wetsuit in the water
- Before descending, check the depth of the water, obstacles etc.
- Respect the natural environment of the ravines, the flora and fauna.
- Leave at a reasonable time to do the access, descent, return and to deal with unexpected events in daylight. It is not advisable to do the descent after:
  - Vero: 12,00 h.
  - Peonera, by Morrano: 13,00 h.
  - Peonera, by Faja Caracoles: 12,00 h.
  - Formiga: 15,00 h.
  - Oscuros de Balcés: 15,00 h.
  - Mascún Superior, by Saltador de las Lañas: 13,00 h.
  - Gorgas Negras: 11,00 h.

### USEFUL ADDRESSES:



Sierra y Cañones de Guara Natural Park

C/ Ricardo del Arco, 6 - Huesca

Tfne.: 974 293 396 - Fax: 974 29 31 47

Management of Socioeconomic Development

Paseo María de Agustín 36 - Zaragoza - Switchboard: 976 71 40 00

Information Visitor Centres: Sodemasa - Tfne.: 976 07 00 02

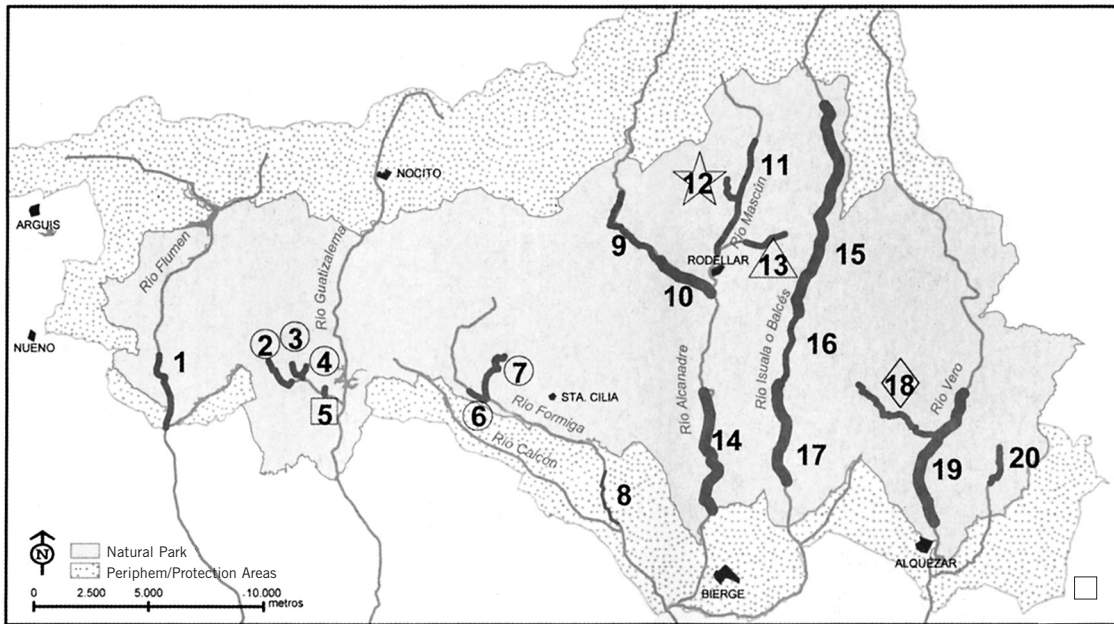


Natural Park  
**Sierra y Cañones de Guara**



## Regulations for Canyoning





1. Palomeras del Flumen
2. Isarre
3. San Chinés
4. Escomentué
5. Canal de Palomo
6. Formiga
7. Yara
8. Gorgonchón
9. Gorgas Negras
10. Barrasil
11. Mascún
12. Otín
13. San Martín
14. Peonera
15. Balcés Superior
16. Oscuros de Balcés
17. Estrechos de Balcés
18. Choca
19. Vero
20. Fornocal

USE OF WETSUIT  
 Obligatory / Recommended  
 MAXIMUM N° OF PEOPLE  
 PER GROUP



PROHIBITIONS OF DESCENT

- △ All year
- ◇ All year (except with permission)
- 1 December - 30 June
- Going into pools and tarns
- ☆ 1 March-30 June (except with permission)

■ When abseiling down ravines, the use of a **rope of the appropriate length** for each ravine and group, and personal material, **harness with descender and karabiner and helmet** for each member of the group is obligatory.

■ The use of a **wetsuit** (full or two piece) is obligatory in the ravines at **Palomeras del Flumen, Formiga, Gorgonchón, Gorgas Negras, Barrasil, Peonera, Mascún, Balcés Superior, Oscuros de Balcés, Estrechos del Balcés, Vero and Fornocal.**

■ The **maximum group size**, excluding the guide, is:

- 10 people in **Vero, Barrasil, Peonera, Balcés Superior and Estrechos de Balcés.**
- 4 people in **Gorgonchón.**
- 8 people in the **other ravines.**

■ The **minimum frequency of entry** in the ravines, between groups, is **10 minutes.**

■ In the ascent of the **Canal del Palomo** it is forbidden to enter the pools and tarns.

■ Canyoning is **not allowed** in the river of the **San Martín ravine**, in the stretch contained in the 100 metres downriver from the San Martín de la Val de Onsera chapel.

■ **Special permission** is required to practice canyoning in the ravines at:

- **Otín**, between 1st March and 30th June.
- **La Choca** at any time of year.

■ In the ravines at **Yara and Formiga** as far as their **confluence** and in those in the Vadiello area (**Isarre, Escomentué, San Chinés and Piedra Foratata**) canyoning is not permitted between 1st December and 30th June.