





EUROPEAN COMMISSION

Directorate-General for Education, Youth, Sport and Culture
EAC/B3 - Youth, Volunteer Solidarity and Traineeships Office

Contact: DiscoverEU Team
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European Commission
B- 1049 Brussels



**OF ALL THE
COUNTRIES IN THE EU...**



**WHICH ONE SHOULD
I VISIT FIRST?**



this

DiscoverEU

COMPANION

Belongs to an EU

EXPLORER



Name:

Age:

Nationality:

Email:

Phone:

I speak:

Favourite place in Europe:

If you pass me in the street, you'll recognise me because:

WHAT I WANT TO ACHIEVE THROUGH MY DISCOVEREU JOURNEY:

My **DiscoverEU**
JOURNEY

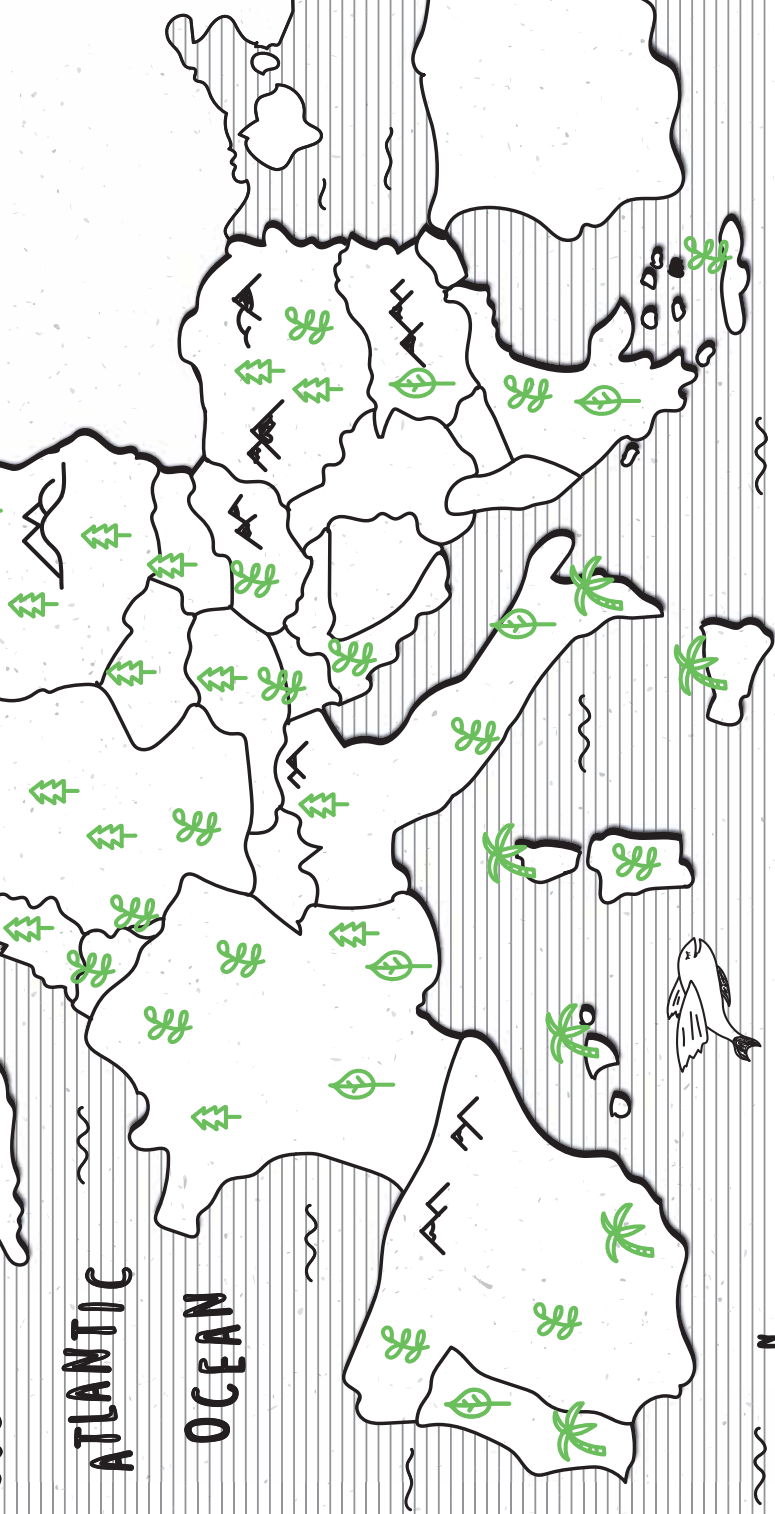


ATLANTIC

OCEAN




MEDITERRANEAN SEA



EVERYONE'S EXPERIENCE IS *Unique*

To discover Europe is to open a treasure chest filled with amazing culture, fascinating history, mesmerising landscapes, interesting people and unique experiences. Awaiting you on your journey are historic monuments, unforgettable events, exotic traditions and surprising local dishes. There's something to discover around every corner.

DON'T BELIEVE US? LET'S HEAR FROM THE PEOPLE WHO HAVE ALREADY TRAVELLED:




"I really appreciated being able to travel freely without regard to geographic boundaries. I was very much surprised to find out how the differences between my country and the other Member States are in fact minimal, and it is always possible to feel at home."

Samuele, Italy




"Now I've visited other countries without my parents, I've realised it isn't as scary as it might seem at first. I will definitely try travelling more – maybe even by myself in the future."

Linda, Estonia



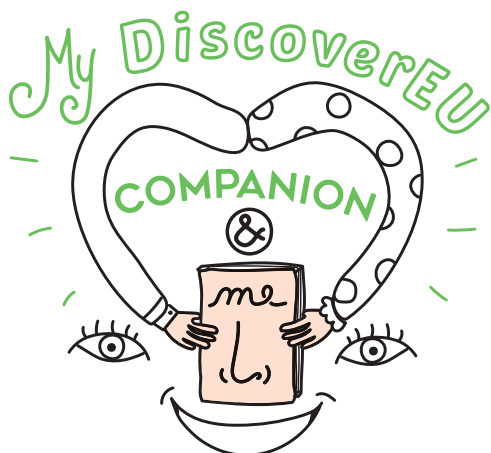
"I loved finally visiting places that were on my bucket list for so long."

Franka, Croatia

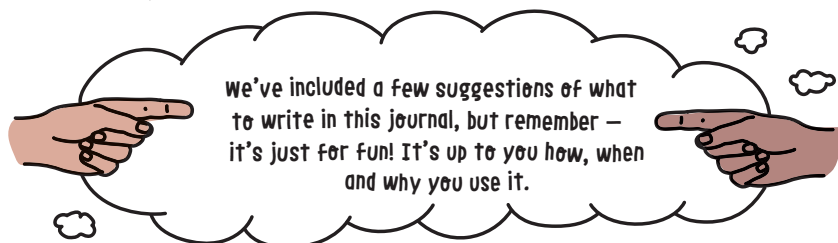


"My journey reminded me of my geography classes, only instead of illustrations in the book, I could admire the real panorama live."

Patryk, Poland



In your hands, you are holding your fellow traveller for the upcoming journey across Europe. This practical DiscoverEU Companion will help you get organised before your departure, capture your memories as you travel and help you reminisce when you return. It'll be with you as you wander Europe's historic streets, as you gaze at beautiful artworks in famous museums and as you meet other travellers following their own unique routes around the EU. Feel free to fill it with notes, stickers, train tickets, drawings, photos and anything else that helps you remember this extraordinary experience. Afterwards, it will act as your go-to guide for becoming a great DiscoverEU Ambassador!



In short,
this DiscoverEU Companion will be your best friend for the journey
(just don't forget it on a train!)

Remember, you can participate in the

DISCOVEREU PHOTO COMPETITION TO WIN GREAT PRIZES!

Post your pictures on Instagram or Twitter using
#DiscoverEU #Competition #Companion.



PREPARE FOR THE JOURNEY OF A LIFETIME

Let's face it,
getting ready is not exactly the fun part of
travelling. Nevertheless, in order to get the
most out of the experience, it's best to remember
everything — there's nothing worse than running
out of battery mid-selfie.

Use this space to list some of the essential items
to take on your adventure. How many have
you packed?

PAPERWORK

(boring, but important!)

- Identity documents
- Transport tickets
- Reservation details
- Insurance documents
- European Health Insurance Card
- Medical prescriptions
- Waterproof folder for important documents
- Addresses of embassies
- Driver's license
- Address book
(remember to send lots of postcards!)
- Emergency numbers





A FEW THINGS *you* SHOULD KNOW BEFORE *you* HIT THE ROAD

Europe unites different people, languages, traditions and cultures, so exploring it requires tolerance and respect. The diversity of Europe means that we all have different ways of working (and that's a great thing!) but what's okay in one country might be less so in another.

RESPECT THE CUSTOMS AND
TRADITIONS OF EACH COUNTRY.
YOUR JOKES MIGHT BE
HILARIOUS TO YOUR FRIENDS,
BUT THEY MIGHT NOT GO DOWN
QUITE AS WELL
EVERYWHERE ELSE.

Remain courteous and
polite even if the soup
doesn't taste quite
like Grandma's.

KEEP IN TOUCH
WITH YOUR
LOVED ONES;
IT'S GOOD TO REASSURE
THEM REGULARLY.

Take your time.
Just because Europe
has lots of cultures,
countries and traditions
doesn't mean you have
to experience them all
in one day!



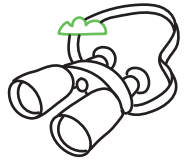


Act sustainably!
We want Europe to be
green and pleasant
for future generations
of travellers to visit.



Go to the embassy or
consulate of your country
if a major problem arises.
Before you leave, make
sure you make a note of
the addresses and phone
numbers of your embassy
in every country you
plan to visit.
Stuck? If there is no
embassy of your country,
you can always go to the
embassy of any other
EU country.





DAY 1

WHERE AM I?



SUN CREAM OR AN UMBRELLA



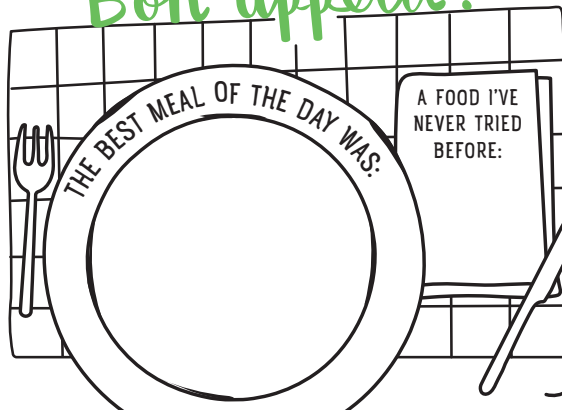
TRAVEL TIPS

How much do you know about your rights when travelling around Europe?

Visit europa.eu/euandme/ to find out more!



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



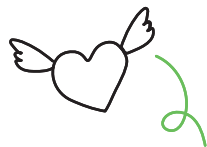
Challenge of the day!

Can you remember 5 words from
the local language?

Word

Translation





DAY 2

WHERE AM I?



SUN CREAM OR AN UMBRELLA



HOW'S



THE WEATHER?

TRAVEL TIPS

In the Netherlands?
Be sure to visit the village
of Giethoorn. Instead
of streets, there are
canals – hence the
nickname 'Venice of
the Netherlands'.



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decibels

1. _____
2. _____
3. _____
4. _____
5. _____

TODAY'S
PLAYLIST

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE
NEVER TRIED
BEFORE:

BEAUTIFUL
SLEEP

Tonight, I'll be
sleeping at:

Why I chose this place:

How was it?





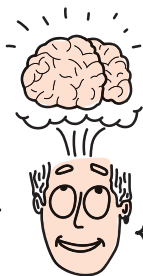
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Challenge of the day!

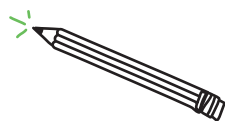


Talk to a local!
Ask them one thing they like about
living in their country.

WHAT DID THEY SAY?







DAY 3

WHERE AM I?



SUN CREAM OR AN UMBRELLA

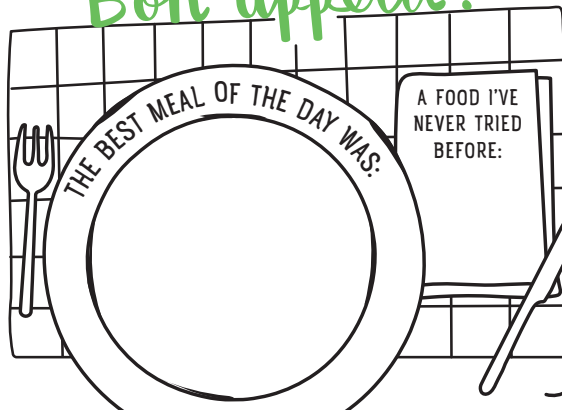


TRAVEL TIPS

The old centre of the Austrian city of Graz displays over 1,000 different styles of architecture, from Baroque to modern. How many can you spot?



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
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TODAY:



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Challenge of the day!

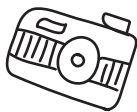


Take a photo of the most interesting
place you visited today.

Post it on Instagram with the
hashtags #DiscoverEU, #Competition
and #Companion.

Something to share? Why not add
a fact that you learned about this
place in the caption?





DAY 4

WHERE AM I?



SUN CREAM OR AN UMBRELLA



HOW'S



THE WEATHER?

TRAVEL TIPS

Andy Warhol's parents were Slovakian and the country hosts the largest collection of his art outside of the US. If you're a Pop Art fan, Slovakia is the place to visit!



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decibels

1. _____
2. _____
3. _____
4. _____
5. _____

TODAY'S
PLAYLIST

Bon appétit!

BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?



THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:



CULTURAL HIGHLIGHTS

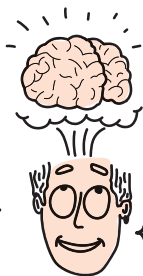
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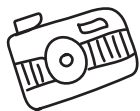


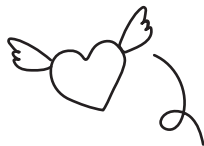
Challenge of the day!

Time to help the environment!
Pick up 5 pieces of litter around
the city today.

How green is the city you're in?
Do they have bicycles to rent?
What could they do better?







DAY 5

WHERE AM I?



SUN CREAM OR AN UMBRELLA



TRAVEL TIPS

Lake Balaton, in Hungary, is the largest lake in Central Europe. It is known for its excellent beaches so if you need some relaxation time, why not head there?

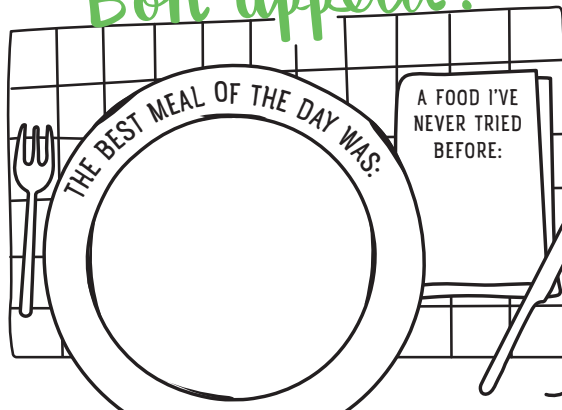


discoverEU
decibels

1. _____
2. _____
3. _____
4. _____
5. _____

TODAY'S Playlist

Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
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THOUGHTS ON
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I learned today:



Challenge of the day!

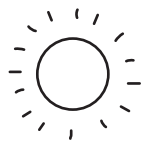
Today we're looking back into the past.
Can you find the answers to these
historical/cultural questions?

TIP: Why not ask a local to find out?

In which year was the country
you're in founded?

Can you name 3 writers, artists
or musicians from this country?





DAY 6

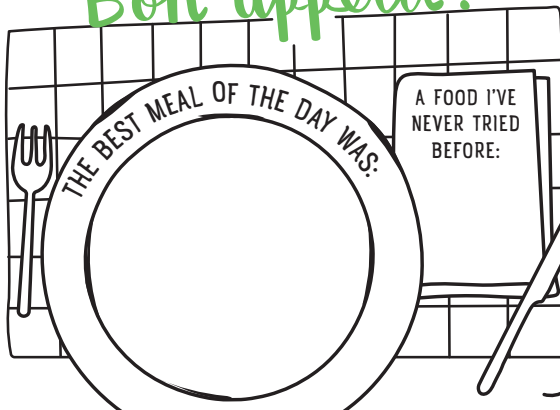
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!



BEAUTY SLEEP





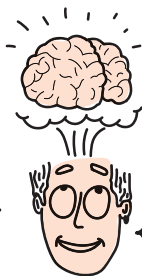
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
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TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

GRAB YOUR PENCILS!



Think of your favourite piece of art
from the trip so far (painting,
sculpture, architecture... the choice is
yours!) and sketch it on the next page.





DAY 7

WHERE AM I?



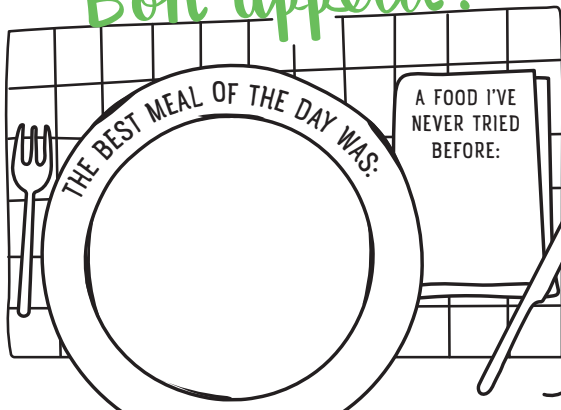
SUN CREAM OR AN UMBRELLA



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decibels



Bon appétit!



BEAUTY SLEEP





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Sometimes things don't go as planned.
Even the most experienced explorers
have their challenges!

On the next page, describe one
unexpected issue you've encountered
on the journey so far, and explain how
you overcame it.

DAY 7





DAY 8

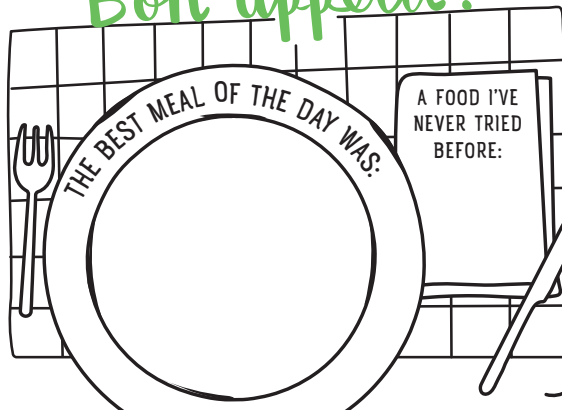
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!



A FOOD I'VE NEVER TRIED BEFORE:

BEAUTY SLEEP





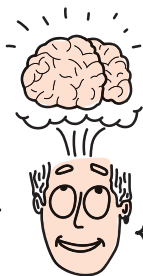
CULTURAL HIGHLIGHTS

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something amazing
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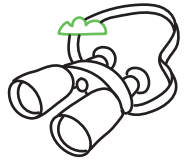
Challenge of the day!

Travelling is all about
discovering the unknown.



Try one food speciality from the country
you are in and describe the taste:





DAY 9

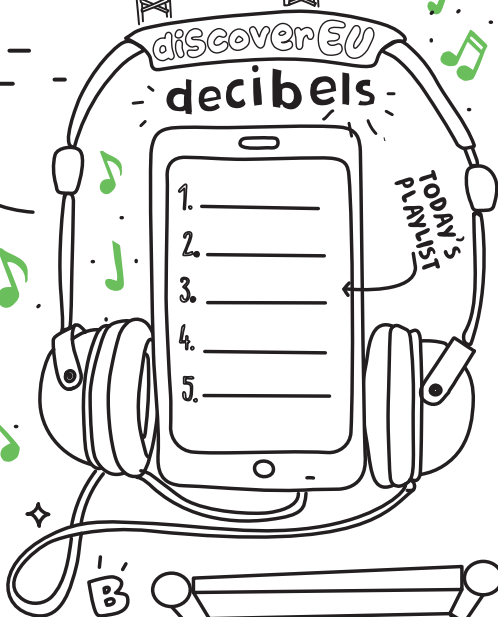
WHERE AM I?



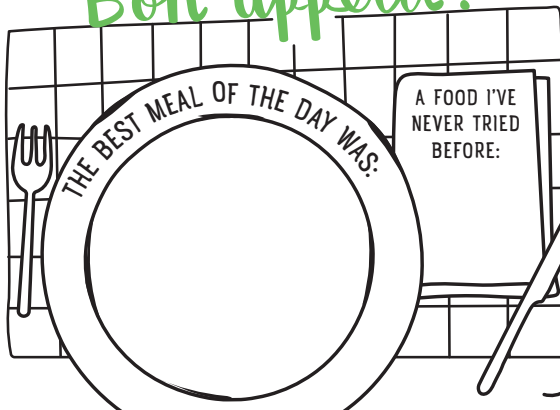
SUN CREAM OR AN UMBRELLA



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Bon appétit!



BEAUTIFUL SLEEP





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Let's get to know the country you're
in. Visit a historical monument or
building, and explain why it's significant
in the story of the country:





DAY 10

WHERE AM I?



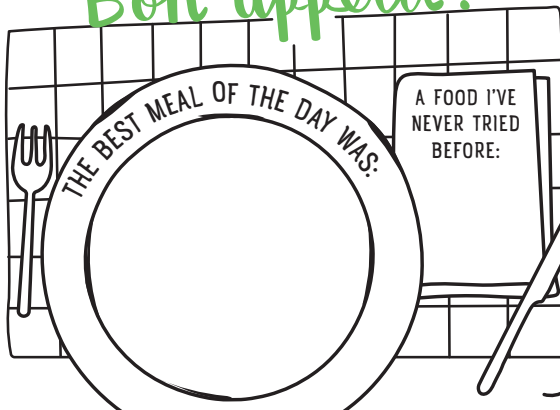
SUN CREAM OR AN UMBRELLA



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decibels



Bon appétit!



BEAUTY SLEEP





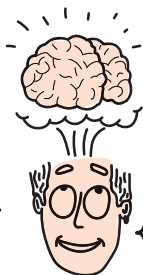
CULTURAL HIGHLIGHTS

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MIND = BLOWN
something amazing
I learned today:



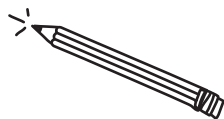
Challenge of the day!

You're 10 days into your journey!

How many other DiscoverEU travellers
have you met?

Write about 3 of them (and add their
contact details for staying in touch!):





DAY 11

WHERE AM I?



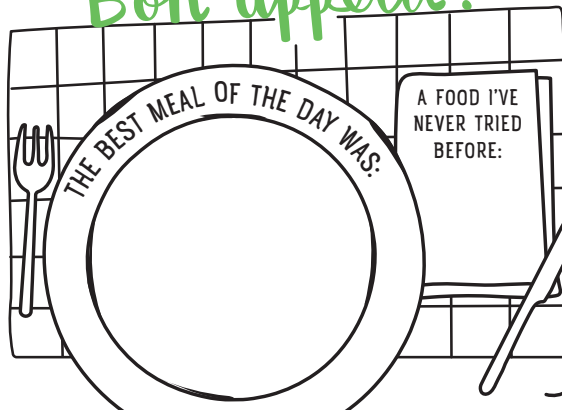
SUN CREAM OR AN UMBRELLA



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decibels



Bon appétit!



BEAUTY SLEEP





CULTURAL HIGHLIGHTS

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MIND = BLOWN

Something amazing
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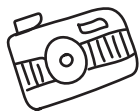
Challenge of the day!

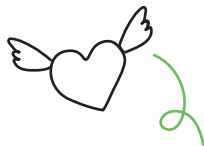
Who knows a city better than the people
who live there?

Ask a local for tips on what to see,
where to go and what to eat.

Bonus points if you can do it
in their language!

What did they recommend?





DAY 12

WHERE AM I?



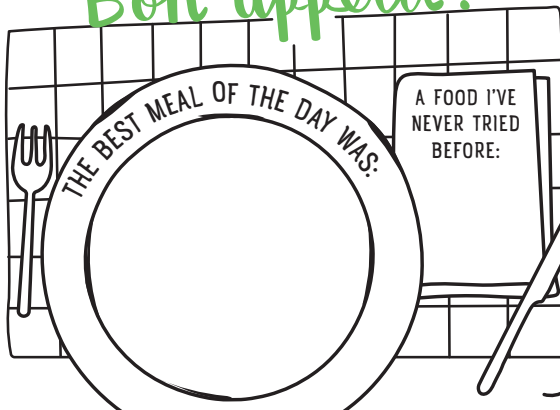
SUN CREAM OR AN UMBRELLA



discoverEU
decibels



Bon appétit!



BEAUTY SLEEP





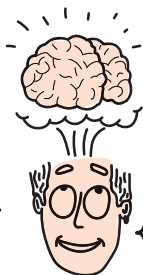
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

DiscoverEU is all about meeting –
and helping – other people, so why not
post on the #DiscoverEU
Official Facebook group?
You could post tips to other travellers or
offer to meet them in the city you're in.
The choice is yours!
Describe the responses you got
on the next page.







DAY 13

WHERE AM I?



SUN CREAM OR AN UMBRELLA

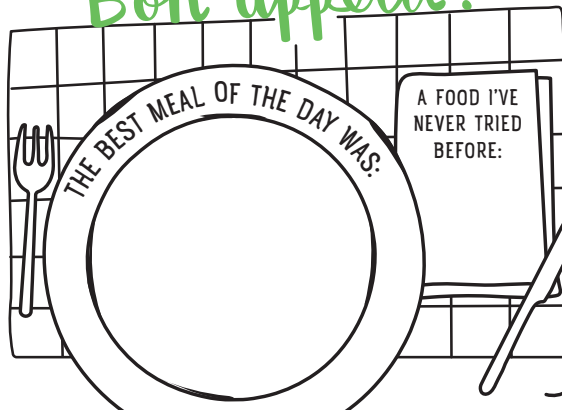


TRAVEL TIPS

If you're travelling to Greece and love the theatre – you're in luck. Athens has 148 stages – more than Broadway and the West End combined.



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

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MIND = BLOWN
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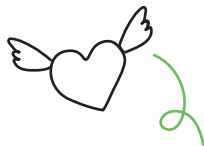


Challenge of the day!

Did you know that the Irish tricolour
flag was a gift from France?
Or that the flag of Latvia reputedly dates
back to 1279, making it one of the oldest
in Europe?

Sketch the flag of the country
you are in:





DAY 14

WHERE AM I?



SUN CREAM OR AN UMBRELLA



TRAVEL TIPS

The most popular sport in Czechia is ice hockey. You might be travelling in the warmer months, but why not catch a game while you're there?

discoverEU

decibels

1. _____

2. _____

3. _____

4. _____

5. _____

TODAY'S PLANNIST

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:

BEAUTIFUL SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



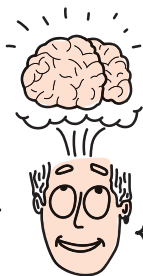
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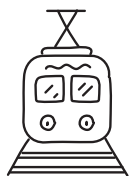


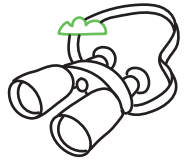
MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Travelling to a country involves more
than just walking its streets.
It requires you to taste, smell and
listen to the culture of the region.
Which song is currently #1 in the music
charts of the country you're in?
Write the title and artist below and
give it a listen!





DAY 15

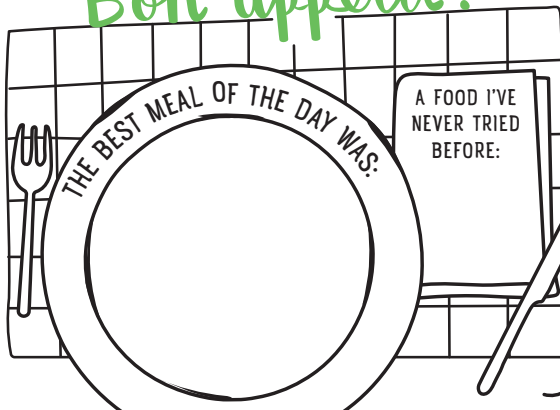
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!



BEAUTY SLEEP





CULTURAL HIGHLIGHTS

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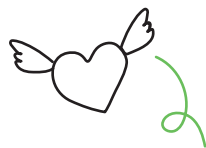
MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

We're over 2 weeks into the trip now,
so a quick budget check is advisable.
Use the space below to check both the
budget you've used so far (be honest!)
as well as how much you've got
left per day.





DAY 16

WHERE AM I?



SUN CREAM OR AN UMBRELLA

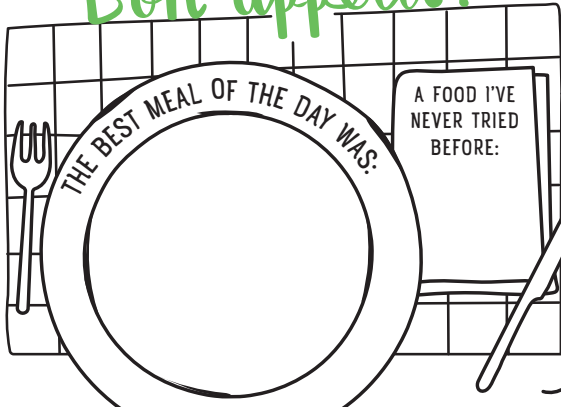


discoverEU
decibels

1. _____
2. _____
3. _____
4. _____
5. _____

TODAY'S
PLAYLIST

Bon appétit!



BEAUTY SLEEP





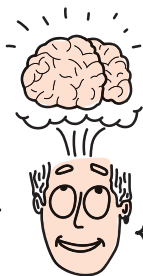
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TODAY:



MIND = BLOWN
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Challenge of the day!

Hello! Tere! Olá! Здравей!
How many European languages
can you say 'hello' in?
(Hint: we have given you 4 above!)



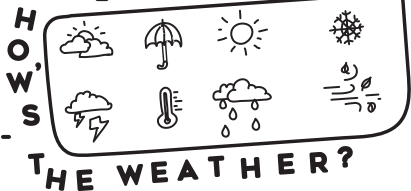


DAY 17

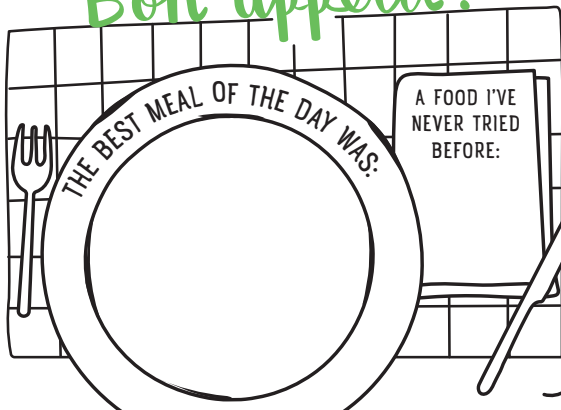
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!



BEAUTIFUL SLEEP





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



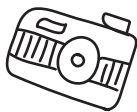
MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

From Baudelaire to the Brothers Grimm
— who is the most famous novelist,
playwright or poet from
the country you're in?





DAY 18

WHERE AM I?



SUN CREAM OR AN UMBRELLA



TRAVEL TIPS

Interested in art but can't get to Paris? The Palais des Beaux-Arts museum in Lille hosts France's second largest art collection after the Louvre.

discoverEU

decibels

TODAY'S PLAYLIST

1. _____
2. _____
3. _____
4. _____
5. _____

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:

BEAUTIFUL SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



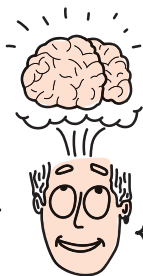
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



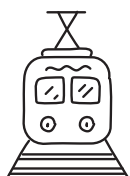
MIND = BLOWN
something amazing
I learned today:

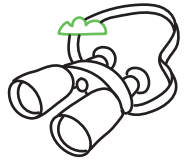


Challenge of the day!

As DiscoverEU travellers, we're all here
to learn from each other.

Think about one DiscoverEU traveller
you've met on the journey so far and
write down 3 things they told you about
their family, culture or country:





DAY 19

WHERE AM I?



SUN CREAM OR AN UMBRELLA

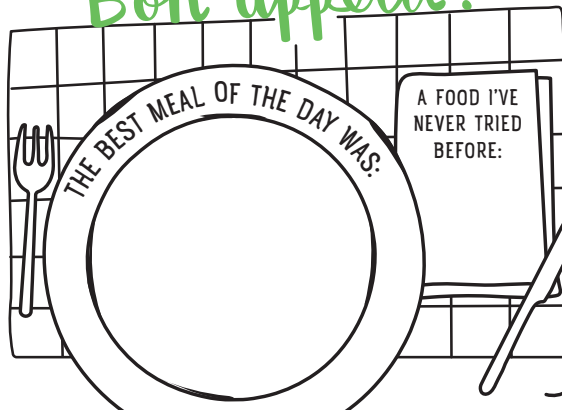


TRAVEL TIPS

Athens and Cadiz are well known to be among Europe's oldest cities, but did you know that Plovdiv, Bulgaria, can also be traced back 6 000 years?



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:

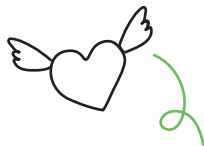


Challenge of the day!

Let's get green! There are many ways
to travel sustainably such as using
public transport, preserving water
and eating seasonal vegetables.
Describe 3 things that you've been doing
to make your journey sustainable:







DAY 20

WHERE AM I?



SUN CREAM OR AN UMBRELLA

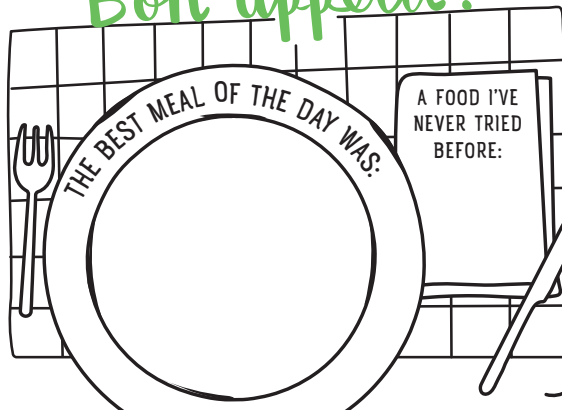


TRAVEL TIPS

Durbuy, in Belgium, has a claim to fame as the smallest city in the world. Why not see for yourself?



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



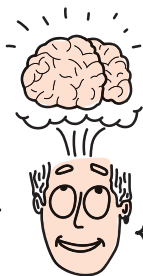
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!



Can you find the oldest building in
the city you're in?
Write its name below and either take
a photo or sketch it on the next page.







DAY 21

WHERE AM I?



SUN CREAM OR AN UMBRELLA

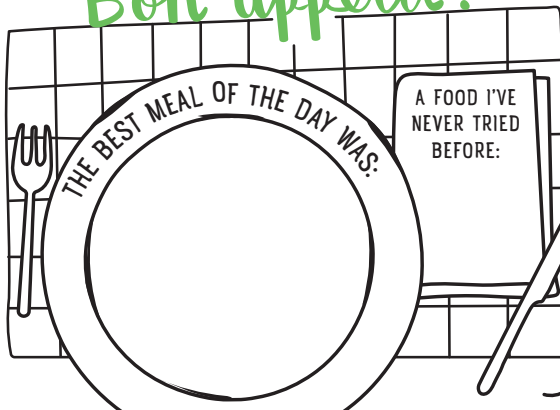


TRAVEL TIPS

Looking to practice your language skills?
Try Lithuanian – it's one of the oldest languages in the world today.



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!



Say cheese! Take a selfie with your
favourite building or landscape in the
area you're currently in and tweet it
to us with the hashtag #DiscoverEU
#Competition and #Companion.





DAY 22

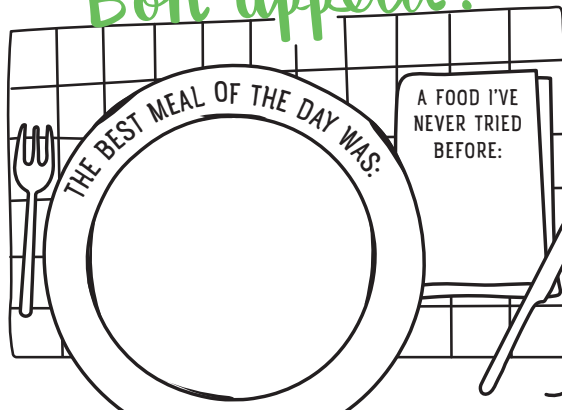
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!



BEAUTY SLEEP





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Our environment faces a huge
challenge – more than 150 million tonnes
of plastic lie in the oceans today.
Can you go for a whole day without
using any single-use plastic items?







DAY 23

WHERE AM I?



SUN CREAM OR AN UMBRELLA



TRAVEL TIPS

The slow Food movement – which promotes using local ingredients in traditional or regional dishes – started in the Italian town of Bra, near Turin. Why not try it out?

discoverEU

decibels

1. _____

2. _____

3. _____

4. _____

5. _____

TODAY'S Playlist

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:

BEAUTIFUL SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

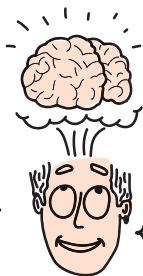
THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN

Something amazing
I learned today:

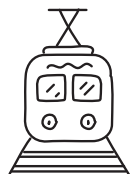


Challenge of the day!



Warm up the vocal chords! Learn
the first 5 lines of the national anthem
of the country you're in.
Sing them loud, and describe
what they are about.





DAY 24

WHERE AM I?



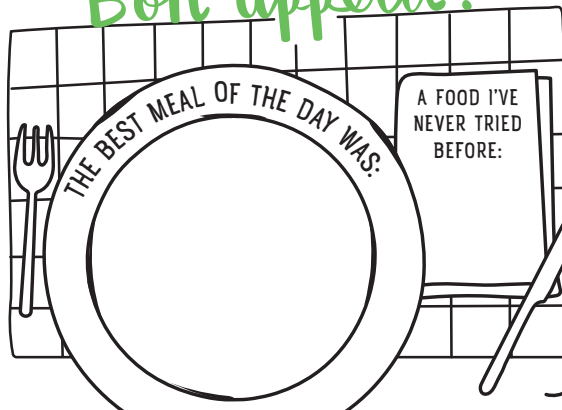
SUN CREAM OR AN UMBRELLA



discoverEU
decibels



Bon appétit!



BEAUTY SLEEP





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



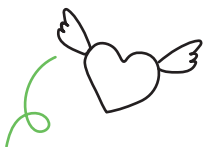
MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

From the Pompidou to the
Prado — Europe has some of
the best museums in the world.

Visit a museum today and write down
3 things you learned:





DAY 25

WHERE AM I?



SUN CREAM OR AN UMBRELLA



TRAVEL TIPS

Sweet tooth?

Malta is famous for its honey – it's even how the island got its name.

Why not try some if you visit?

discoverEU

decibels

1. _____

2. _____

3. _____

4. _____

5. _____

TODAY'S PLAYLIST

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:

BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



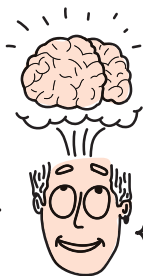
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

After 25 days of travelling, you're
bound to be a pro at making the most
of every cent, penny, grosz or ban.
Give us your top 3 tips for travelling
on a budget:





DAY 26

WHERE AM I?



SUN CREAM OR AN UMBRELLA

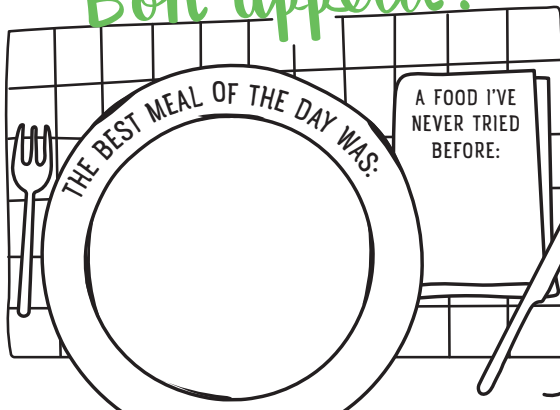


TRAVEL TIPS

Looking to spend an afternoon window shopping? The Strøget in Copenhagen, Denmark, is the longest pedestrian street in the world.



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Europe is known for its many languages
and its excellent food — so let's combine
the 2 in today's challenge. Can you order
your dinner in the local language?
Describe what you had and how
you asked for it:





DAY 27

WHERE AM I?



SUN CREAM OR AN UMBRELLA

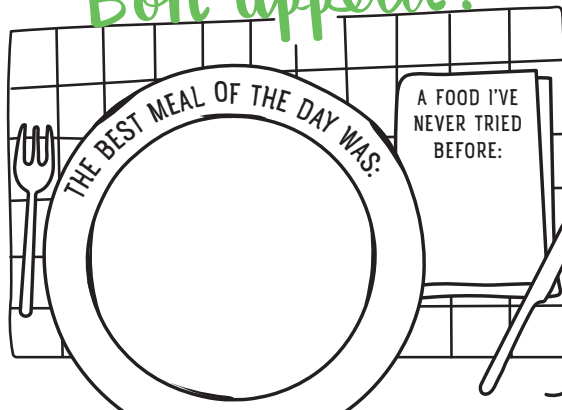


TRAVEL TIPS

History buff? The entire town of Paphos, Cyprus, is a UNESCO World Heritage Site. It's perfect for visiting and taking in the past.



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



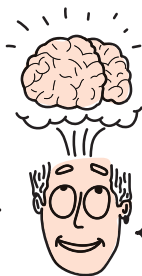
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Think back to everyone you've met
throughout your journey across Europe.
How many different nationalities have
you come into contact with?
List them all here:





DAY 28

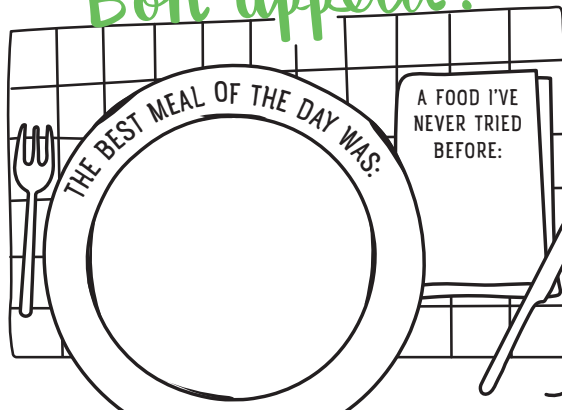
WHERE AM I?



SUN CREAM OR AN UMBRELLA



Bon appétit!





CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN

Something amazing
I learned today:



Challenge of the day!

From Greek coffee (made in a briki)
to an Italian espresso, Europeans are
famous for their coffee.
You've no doubt been to a few cafes
on your trip so far, so let's settle
the debate. Where was the best cup
of coffee you've had?





DAY 29

WHERE AM I?

DATE: _____

SUN CREAM OR AN UMBRELLA

HOW'S THE WEATHER?

TRAVEL TIPS

The Sea Organ in Zadar, Croatia, uses the motion of sea waves flowing through a series of pipes to make music. As a result the noise is random, but soothing. Why don't you visit and listen?

discoverEU

decibels

1. _____

2. _____

3. _____

4. _____

5. _____

TODAY'S PLAYLIST

Bon appétit!

THE BEST MEAL OF THE DAY WAS:

A FOOD I'VE NEVER TRIED BEFORE:

BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?



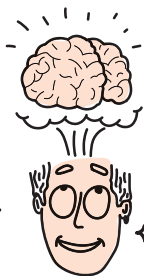
CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Having new experiences and trying new things is a fantastic way to understand more about Europe. However, trying new things for free is even better!

Describe the best free experience you've had while on your DiscoverEU journey:





DAY 30

WHERE AM I?

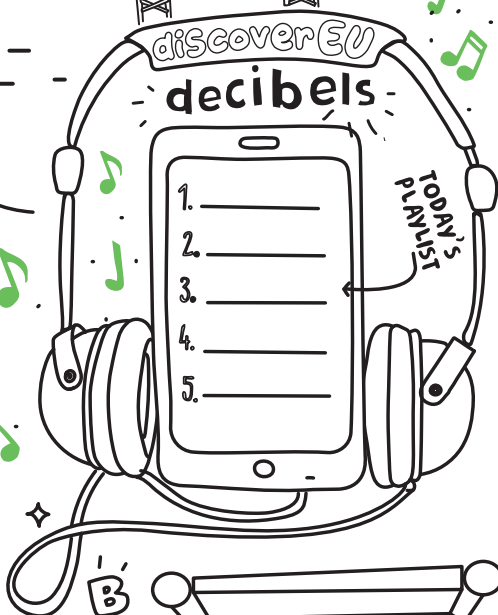


SUN CREAM OR AN UMBRELLA

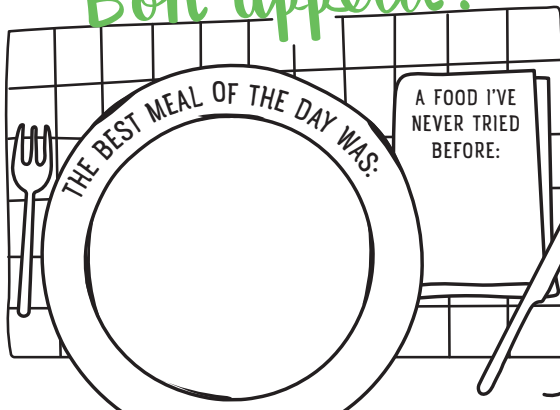


TRAVEL TIPS

Fans of architecture should visit Bilbao, Spain. The Bilbao Santiago Cathedral and Frank Gehry's Guggenheim are just 2 highlights.



Bon appétit!



BEAUTY SLEEP

Tonight, I'll be sleeping at:

Why I chose this place:

How was it?

😊 😐 😞



CULTURAL HIGHLIGHTS

THE MOST INTERESTING PLACE
OR EVENT I VISITED TODAY WAS:

THOUGHTS ON
TODAY:



MIND = BLOWN
something amazing
I learned today:



Challenge of the day!

Look through the ticket stubs you've collected over the course of the trip (from museums, galleries, trains, metros, attractions) and choose the one that you have the best memory of. Attach it to the next page and describe why you chose it!







LOOKING
BACK

ON MY
DiscoverEU
Journey



you'll
never
guess
what
happened!



Write
the best
anecdotes
from the trip
below:

THE numbers BEHIND THE journey

HOW MANY...

...days did your journey last?



.....

...countries did you see?



.....

...Cities did you explore?



.....

...new friends did you make?



.....

...kilometers did you travel?



.....

...museums did you visit?



.....

...trains did you take?



.....

...times did you get lost?



.....

...Places will you return to?



.....

SHOOT &



SHARE!



Take a photo of your favourite page of this journal and share it on Facebook and Instagram to show your friends how amazing your journey across Europe was. Don't forget to use the hashtags

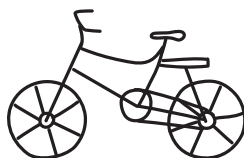
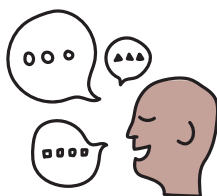
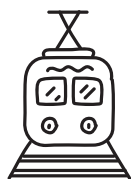
#DiscoverEU

#Companion

#Competition

My general impression
of the trip was...







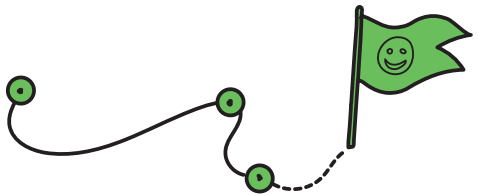
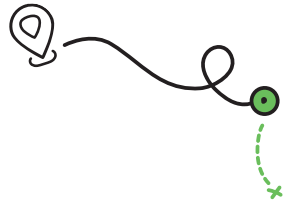


#TravelHacks

What has been the most important lesson
you have learned? What would you have
done differently?



Can you think of three pieces of advice that you would give next year's DiscoverEU travellers before they begin their journey?





END OF THE STORY?



Of course not! In fact, at 18 years old,

DiscoverEU is just the beginning of your journey.

The European Union is here to help you on whichever path you choose. Take a look at the three programmes on the next page – all of them can assist you in exploring Europe, learning something new, meeting people from across the continent and helping those in need. As a young person in the European Union, there are always new adventures.



European
SOLIDARITY
Corps



ERASMUS



EURES



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In person

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On the phone or by email

Europe Direct is a service that answers your questions about the European Union. You can contact this service:

- by freephone: 00 800 6 7 8 9 10 11 (certain operators may charge for these calls),
- at the following standard number: +32 22999696, or
- by email via: https://europa.eu/european-union/contact_en

FINDING INFORMATION ABOUT THE EU

Online

Information about the European Union in all the official languages of the EU is available on the Europa website at: https://europa.eu/european-union/index_en

EU publications

You can download or order free and priced EU publications from: <https://publications.europa.eu/en/publications>. Multiple copies of free publications may be obtained by contacting Europe Direct or your local information centre (see https://europa.eu/european-union/contact_en).

EU law and related documents

For access to legal information from the EU, including all EU law since 1952 in all the official language versions, go to EUR-Lex at: <http://eur-lex.europa.eu>

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The EU Open Data Portal (<http://data.europa.eu/euodp/en>) provides access to datasets from the EU. Data can be downloaded and reused for free, for both commercial and noncommercial purposes.



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My DiscoverEU JOURNEY

