

Coronavirus

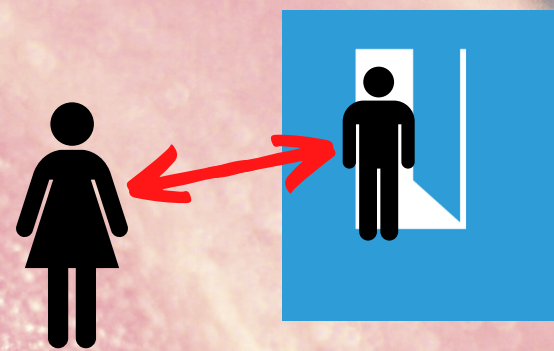
PREVENTION IN AGRICULTURE



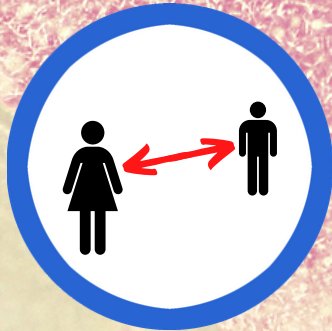
Maintain 2m social distancing



Greet without physical contact



Avoid crowding at arrival and when leaving work



Mandatory use of face masks on public transportation, keeping maximum distances



Private vehicle (company or private) up to 9 seats: 2 people / row



Bus: 50% of seats



Vehicles with 1 row of seats: 2 people / row

Maintain social distancing

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Hands are an element of coronavirus transmission



Wash them with soap and water (40-60 sec). If this is not possible, use hydroalcoholic gel (20-30 sec).



Continuous use of gloves does not prevent transmission of the coronavirus. Wash your hands before and after using them.

Ministerio de Sanidad

Avoid touching your face. The virus enters through the mucous membranes of the mouth, nose and eyes.

Hand hygiene

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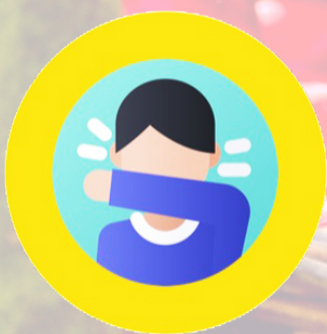
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Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw it away in a waste container and wash your hands.



If you do not have a disposable tissue, cough or sneeze into the crook of your elbow, not in your hands.



Always keep 2 m distance from others. If this is not possible, use a hygienic face mask or face shield.

Remember:



Wash your hands before putting it on and after taking it off.



Adjust it properly, to cover nose, mouth and chin.



Do not touch it while you're wearing it.



After using it, remove it from the back to front and dispose of it.



Is it reusable? Follow the manufacturer's instructions.

Respiratory hygiene

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Clean and disinfect tools, machinery and vehicles that are shared.



Disinfect any parts that may come in contact with more than one worker (remote controls, rear-view mirrors, door handles...)



Wear face mask, single-use gloves and safety glasses when cleaning and disinfecting.



When the cleaning is completed, take off the protective items and wash your hands.



Use commercial bleach (20-30 ml per litre of water), alcohol (70°) or other authorised disinfectants to disinfect surfaces and equipment.

Cleaning your work equipment

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If you have symptoms of a respiratory infection (fever, cough, difficulty breathing):



You may not go to work.



Notify your company of your health status.



Call your health centre and follow their instructions.



Wear a surgical face mask.



Self-isolate in a room with the door closed.



When outside of the isolation room, use a surgical face mask and keep social distancing of 2 metres.



Wash your hands often with soap and water or with hydroalcoholic solutions.

What do I do if I have symptoms?

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